

To whom it may concern,

I am writing to express my gratitude for the transformative work that Real Life has been carrying out within the Richmond, Virginia area. From its inception in 2016 by Dr. Sarah Scarbrough, REAL LIFE has demonstrated an unwavering commitment to the creation of healthy futures for people who desire lifestyle change. The organization's guiding principles are rooted in the belief that consistency, encouraging relationships, and accountability are necessary to implement sustainable change in the lives of those who need help.

The history of REAL LIFE, as outlined by its founder and Program Director, Dr Scarborough, reflects the organization's evolution in response to the growing challenges faced by individuals existing incarceration. The commitment to understanding and addressing obstacles such as lack of housing and employment opportunities showcases REAL LIFE's dedication to breaking cycles of addiction and incarceration.

The Pillars to Thriving, which form the core of REAL LIFE's service delivery, is a testament to the organization's dedication to preparing individuals for a thriving future. Sustained sobriety, meaningful employment, functioning family behavior, community interaction, and personal faith practices are not just pillars on paper, but integral components to helping individuals change their lives. REAL LIFE has become a beacon of hope for those seeking positive, sustainable change in their personal lives. The organization's commitment to fostering transformation, coupled with its holistic approach and emphasis on community support, has undoubtedly made a lasting impact on the community of Richmond Virginia.

Sincerely,

Nichole Norman
Strategic-Partner
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