

To whom it may concern,

I am more than happy to write this letter of recommendation on behalf of Back in Shape Chiropractic, a patient-focused practice serving Golden Valley, Minnesota. With a focus on individualized chiropractic care and wellness, Back in Shape Chiropractic works to educate patients while helping them better understand their treatment options and take an active role in their overall well-being.

Back in Shape Chiropractic offers a variety of services, including chiropractic adjustments, soft tissue therapies, therapeutic exercise, orthotics, nutrition guidance, and other supportive treatments. Care is tailored to each patient's needs and goals, with different techniques available to accommodate a range of ages and circumstances.

The people at Back in Shape Chiropractic are an important part of what makes the practice special. Dr. Amanda Shorter brings a broad range of training and experience to her work, while the professionals at the practice are committed to creating a welcoming environment where patients are treated with care and respect. Their approachable nature, willingness to educate, and focus on understanding each patient help create a positive experience from the first visit forward.

I highly recommend Back in Shape Chiropractic to individuals seeking personalized chiropractic care in a welcoming and supportive environment. Its experienced professionals, individualized approach, and dedication to patient education make it a valuable resource for those looking to support their health and wellness.

Sincerely,

Christian Olson
Strategic-Partner
Schooley Mitchell